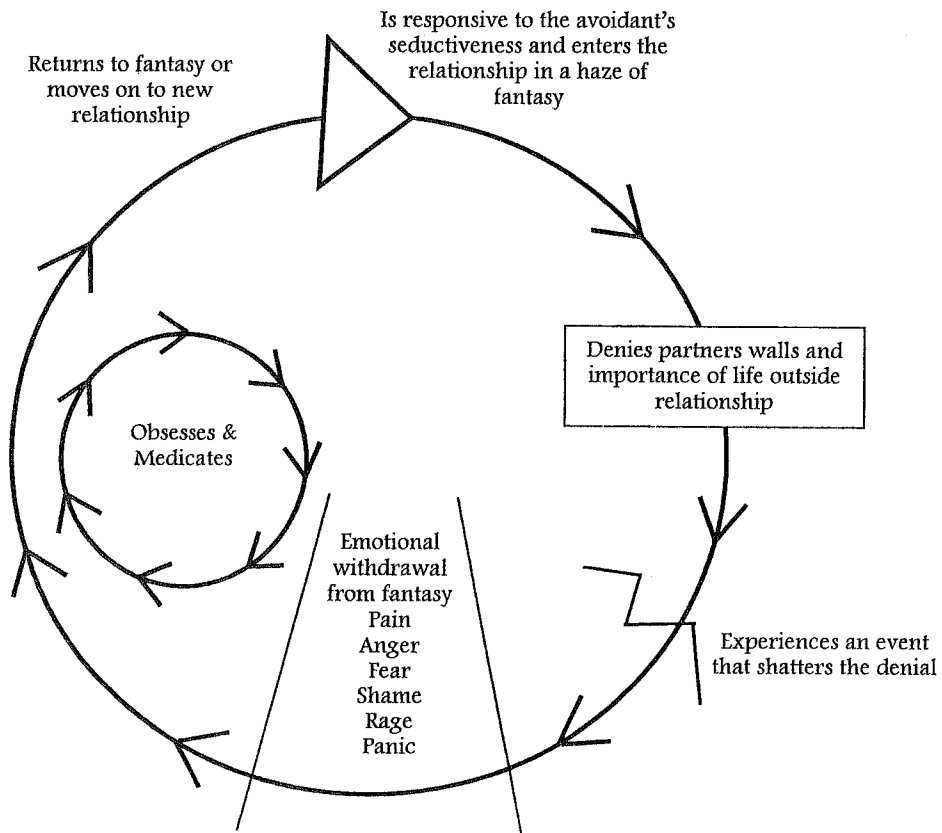


LOVE ADDICTION CYCLE

Greatest fear is that of abandonment with an underlying fear of intimacy

Trauma Issues

I am worthless in relationship to my partner.
I need to be taken care of as I can't survive alone.
If I don't get close enough relationally, I'll die.

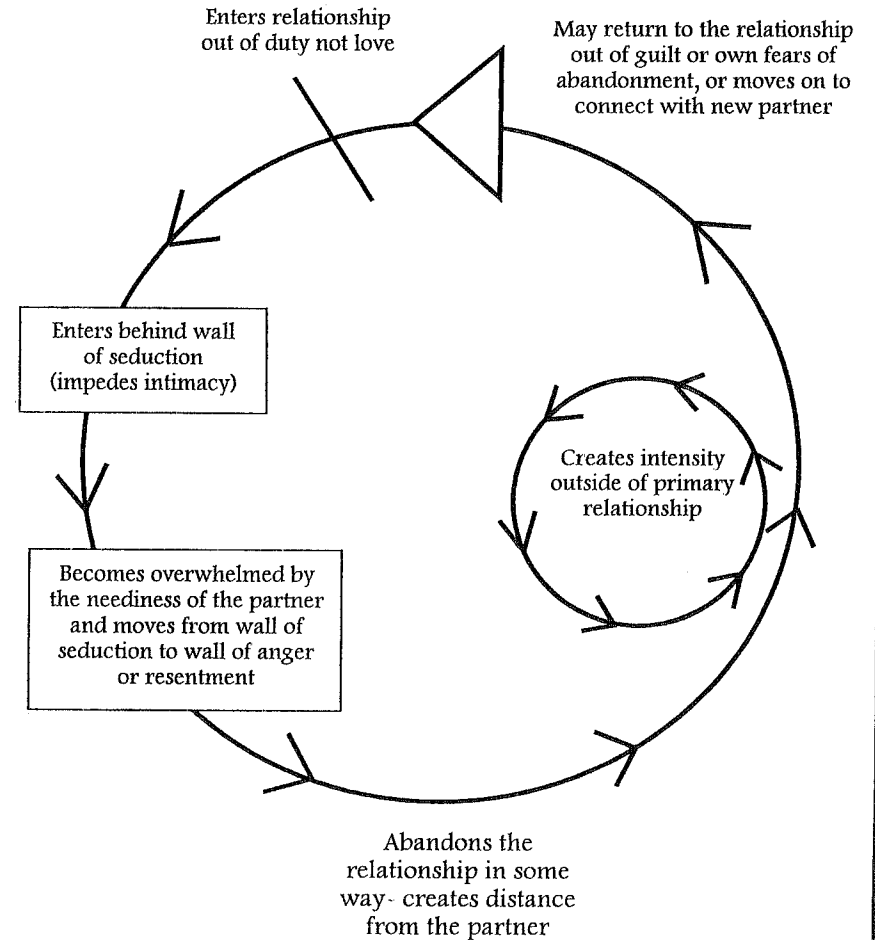


LOVE AVOIDANT CYCLE

Greatest fear is that of intimacy with an underlying fear of abandonment

Trauma Issues

My sense of value comes from taking care of needy people.
My job relationally is to take care of needy people.
If I don't, I feel guilty.
To be relational (intimate) is to suffocate (die).



-The Dance-

